Sandwich CUSD # 430



Community Resources

Table of Contents

Crisis Hotlines	2
Hospitals and Other Health Care	. 5
Mental Health Services	. 6
Individual and Family Therapy	.10
Mental Health/Psychological Assessments and Evaluations	13
Support Groups	15
Housing Resources	18
Food Resources	20
Mentoring	22

Crisis Hotlines

If you or someone you know is in immediate danger please call 911

Police Department - Sandwich Police Department non-emergency phone number 815-786-7261

Screening Assessment and Support Services (SASS)

800-345-9049

Assessment and Support Services (SASS) program for children and adolescents experiencing a mental health crisis who are on Medicaid/public aid.

Safe Passage Domestic Violence Hotline 815-756-5228 Safepassagedv.org

Suicide Prevention Services of America Hotline 630-482-9696 www.spsamerica.org

National Suicide Prevention Lifeline (NSPL) 800-273-8255 or text 741741 www.suicidepreventionlifeline.org

SAMHSA's National Helpline 800-662-4357

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

National Alliance on Mental Illness (NAMI) Helpline 800- 950-6264 info@nami.org

The NAMI Helpline assists individuals and families who have questions about mental health disorders, treatment, and support services.

Department of Children and Family Services Hotline 800-252-2873 www.illinois.gov/dcfs/Pages/default.aspx

Mutual Ground Domestic Violence Hotline 630-897-0080 www.mutualground.com

Mutual Ground Sexual Assault Hotline 630-897-8383

National Child Abuse Hotline 800-422-4453 www.childhelp.org Crisis Line of Fox Valley 630-906-0516 www.the-association.org

Parent Helpline 855-427-2736

https://www.nationalparenthelpline.org/

Being a parent is a critically important job, 24 hours a day. It's not always easy. Call the National Parent Helpline® to get emotional support from a trained Advocate and become empowered and a stronger parent.

National Domestic Violence Hotline

800-799 - 7233

https://www.thehotline.org/

The National Domestic Violence Hotline (The Hotline) is available for anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

Love is Respect - National Teen Dating Abuse Hotline

866-331- 9474 Text: 22522

Love is Respect offers information, support, and advocacy to young people who have questions or concerns about their dating relationships.

Gay, Lesbian, Bisexual and Transgender National Hotline

Hotline: 1 (888) 843 - 4564

Youth Talkline: 1 (800) 246 – 7743 Senior Helpline: 1 (888) 234 – 7243

help@LGBThotline.org

http://www.glbtnationalhelpcenter.org/

The LGBT National Help Center serves gay, lesbian, bisexual, transgender, and questioning people by providing free and confidential peer support and local resources.

Rape, Abuse, and Incest National Network (RAINN) – National Sexual Assault Hotline 800-656-4673

https://www.rainn.org/

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE, online.rainn.org y rainn.org/es) in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

Department of Defense (DOD) Safe Helpline for Sexual Assault 877-995-5247

The DOD Safe Helpline is a crisis support service designed to provide sexual assault services for survivors, their loved ones, and other members of the DOD community.

National Human Trafficking Hotline

888-373-7888 Text: 233733

https://humantraffickinghotline.org/

The National Human Trafficking Hotline is a national anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States. The toll-free hotline is available to answer calls from anywhere in the country, 24 hours a day, 7 days a week, every day of the year in more than 200 languages.

National Runaway Safeline

800-786-2929

info@1800runaway.org

https://www.1800runaway.org/

The National Runaway Safeline provides crisis and support services for homeless and runaway youth in the United States.

ChildHelp National Child Abuse Hotline

800-422-4453

https://www.childhelp.org/

The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. Serving the U.S. and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.

Boystown USA – Your Life Your Voice Helpline

800-448-3000

Text: Text VOICE to 20121

http://www.yourlifeyourvoice.org/Pages/home.aspx

Your Life Your Voice is a program of Boystown USA and is available to children, parents, and families who are struggling with self-harm, mental health disorders, and abuse.

Hospitals and Other Health Care

Northwestern Medicine Valley West Hospital 1302 N S Main St, Sandwich, IL 60548 815-786-8484 www.valleywest.org Services

Offers community wellness, diabetic education, counseling, physical and occupational therapy and more.

Rush-Copley Healthcare Center 1100 West Veterans Parkway Yorkville, IL 60560 (630) 466-8200 www.rushcopley.com/yorkville/

Newark Health Care Center of Morris Hospital 5 S. Johnson Street, Newark, IL 60541 (815) 695-5042 www.morrisshospital.org

Open Door Clinic
157 S Lincoln Ave Aurora, IL 60505
(630) 264-1819
https://odhcil.org/
Mr. Perry Maier, Executive Director Services
Providing HIV and STD testing and treatment

Edwards Hospital 801 S Washington St, Naperville, IL 60540 (630) 527-3000 www.eehealth.org/locations/naperville/edward-hospital-main-campus

Rush-Copley Medical Center Hospital 2000 Ogden Avenue Aurora, IL 60504-4206 (630) 978-6200 www.rushcopley.com

Mental Health Services

Dekalb County Health Department 2550 N. Anne Glidden Rd. Dekalb, IL 60115 815-758-6673

Services

Dental Services once a month for ages 0-20. Immunizations and TB Program for both adults and children. Family Case Management providing assistance finding prenatal care, a doctor, applying for insurance, health education and referrals to services. Vision and hearing screenings ages 3-5 enrolled in Dekalb County daycare or preschool. WIC program is a nutrition program for low-income women with children up to 5 years old, providing nutrition education and referrals to other community agencies.

Safe Passage P.O. Box 621, DeKalb, IL 60115 815-456-7930 Services

A variety of services for individuals impacted by domestic violence and sexual assault.

Association for Individual Development (AID) - Dekalb Behavioral Health Services 507 E. Taylor Street #210 DeKalb, IL 60115 630-966-4475 www.the-association.org/index.html Services

Psychiatric Services (Dekalb): Psychiatric evaluation, diagnosis and medication management provided.

North Central Behavioral Health Systems 2960 Chartres St. LaSalle, IL 61301 815-224-1610 Services

Kendall County Health Department 811 West John Street Yorkville, IL 60560 (630) 553-9100 www.health.co.kendall.il.us Services

Mental health services to residents of Kendall County. LIHEAP energy assistance program and weatherization program for the home. WIC program is a nutrition program for low-income women with children up to 5 years old, providing nutrition education and referrals to other community agencies.

Aurora Community Health Center 2124 Ogden Ave. Unit 201 Aurora, IL 60504 (877) 692-8686 Association for Individual Development (AID) - Aurora Behavioral Health Services 1230 N. Highland Ave. Aurora, IL 60506 630-859-1291

www.the-association.org/index.html

Services

Outpatient Children's Program (Aurora): Provides a variety of services for children (ages 5-17) and families in order to support and facilitate recovery for mental illness, trauma, disruptive behavior disorders, family relationship problems, and school issues. Services include individual therapy, family therapy, parenting education and skill building, group therapy, consultation to schools and other agencies, psychiatric services, and psychological testing. Child intakes are by appointment only.

Transitional Alternatives, Inc. 635 N. Elmwood Drive, Aurora, IL 60505 (630) 264-0700 www.tareentryinc.com

Services

Outpatient substance abuse treatment programs for adults and adolescents as part of a re-entry program for those released from the Illinois Department of Corrections. Serves residents of Kane, Kendall, Will, Cook, DuPage and DeKalb counties.

VNA-Visiting Nurse Association of Fox Valley Health Center – Aurora 400 North Highland Ave. &/or 1400 Indian Avenue, Aurora, IL 60505 (630) 892-4355

www.vnahealth.com/

Services

Community health services that include family health, heart disease, mental health, pharmacy, pregnancy care, primary health care, school physicals, dental, and vision.

Behavioral Health Services of Provena-Mercy Medical Center 1325 North Highland Ave., Aurora, IL, 60506 (630) 801-2657 (24 hotline) (630) 859-2222 (Main line)

www.presencehealth.org/presence-mercy-medical-center-aurora

Services

Inpatient, outpatient, ADHD/LD program, adolescent outpatient addiction treatment

Linden Oaks Behavioral Health - Naperville Main Inpatient Campus 852 West Street, Naperville, IL 60540 (630) 305-5027

www.eehealth.org/locations/naperville/linden-oaks-behavioral-health Services

Behavioral and mental health services, including inpatient and outpatient treatment plus recovery programs for depression, substance abuse, eating disorders and more (addiction services, adolescent program, anxiety services, behavioral health, depression, eating disorders, self-injury, geriatric).

Presence Saint Joseph Medical Center - Joliet 333 North Madison Street Joliet, IL 60435 Main: (815) 725-7133

Behavioral Services: (815) 741-7530

www.presencehealth.org/presence-saint-joseph-medical-center-joliet

Bob Erickson

Services

Adult & Adolescent Behavioral Health Services (inpatient, partial, outpatient)

Stepping Stones Treatment Center 1621 Theodore Street, Joliet, IL 60435 (815) 744-4555; admissions coordinator: ext. 135 www.steppingstonestreatment.com

Adult addiction & mental health clinical & recovery services. Eligibility - Adults with a substance use disorder including those with a co-occurring mental health disorder who are medically and psychiatrically stable. Pregnant women and intravenous drug users are admitted on a priority basis. Intensive residential treatment, extended residential care, recovery homes, outpatient treatment, and intensive outpatient treatment.

Abraxas Interventions Drug Addiction Treatment Center 2221 64th Street, Woodridge, IL 60517 (630) 968-6477 www.abraxasyfs.com

Services

Specializes in substance abuse treatment for adolescent males 13-18 years of age who need inpatient care. Services are provided by a multidisciplinary team consisting of certified addiction counselors, recreation therapists and nurses. Programming also includes both intensive outpatient and outpatient services including for both males and females between the ages of 13 to 18 years of age; case management, medication management, psychiatric assessment, and ongoing psychiatric assistance.

Lutheran Social Services of Illinois 1001 E. Touhy Avenue, Suite 50, Des Plaines, IL 60018 (847) 635-4600 www.lssi.org Services

Adolescent inpatient substance abuse treatment that provides 24 hour residential treatment for youth experiencing drug and alcohol addiction.

Aunt Martha's Youth Service Center, Inc. 409 West Jefferson St, Joliet, IL 60435 (815) 768-8750 www.auntmarthas.org

Services

Women, Infants and Children (WIC), mental health services (information, assessment and referral), family planning, partner abuse intervention services, family community resource center, family case management, crisis assistance for youth who have runaway or been kicked out of their home, domestic violence victim services.

Behavioral Health Services of Central DuPage Hospital 27W350 West High Lake Road, Winfield, IL 60190 (630) 933-4000

www.nm.org/conditions- and-care- areas/behavioral-health

Services

Inpatient, outpatient, and psychiatric services for various conditions & treatments for adults and adolescents.

Alexian Brothers Behavioral Health Hospital 1650 Moon Lake Boulevard, Hoffman Estates, IL 60169 (855) 383-2224 www.alexianbrothershealth.org/abbhh

Services

Inpatient, outpatient, and psychiatric services for various conditions & treatments for adults and adolescents.

Individual and Family Therapy

Ben Gordon Center (DeKalb County residents only) 100 S. Latham St. Suite 204, Sandwich IL 60548 815-786-7544

https://www.nm.org/locations/behavioral-health-services-ben-gordon-health-latham *Services*

Comprehensive family and individual counseling services for mental health, alcohol and drug dependency, and family/child welfare.

Centennial Counseling

207 E. Church St. Sandwich, IL 60548

815-786-8606

110 E. Countryside Pkwy Yorkville, IL 60560

630-553-1600

http://www.centennialcounseling.com/

Services

Outpatient psychotherapy, individual and family counseling services specializing in a variety of areas. Psychological testing and assessment.

Family Services Agency 14 Health Services Dr. Dekalb, IL 60115 815-758-8616

https://www.fsadekalbcounty.org/cfc

Services

Licensed clinical professionals on-site to provide therapy, specializing in a variety of areas. *Accepts Medicaid

Aurora Family Counseling Services 70 South River St. Aurora, IL 60506 630-844-2662

Family Counseling Services 84 Templeton Dr. Oswego, IL 60543 (331)-999-3810 70 S. River St. Aurora, IL 60506 (630)-844-2662 https://aurorafcs.org/

Services

Individual, family and group therapy, including counseling and programming for youth at risk for substance abuse. Mental health assessment and treatment planning. Psychiatric medication services. Psychiatric crisis intervention. Parenting education and support. *Accepts Medicaid.

JOI Counseling Center 654 W. Veterans Pkwy. Yorkville, IL 60560 630-553-9686 www.joicounseling.com

Services

Individual and group therapy, social skills groups and parenting classes.

Haven Counseling 331-452-8949 info@havencounseling.org 691 N. Bridge St. Yorkville, IL 60560

Services

Individual, couples, and family therapy; parenting, anxiety & depression Jennifer Mehochko, LCPC, CADC, SEP 215 Hillcrest Ave., Suite E, Yorkville IL 60560 630-417-9679

www.jmehochko.com/services.php

Services

Jennifer uses a holistic approach to therapy by integrating traditional talk therapy with experiential therapies that aid in self-regulation, healing, and overall relief of symptoms.

In Step Behavioral Health 2455 Dean Street, Unit 3G, St. Charles, IL. (630) 262-2640 https://www.instep360.org/

Provide psychiatry evaluations and management, therapy, and comprehensive evaluations of children, adolescents, and adults for a vast range of issues.

Dr. Susan Myket & Associates 1415 Bond Street, Naperville, IL (630) 355-9002

www.myketandassociates.com/ Services

Provide services to children, adolescents, and adults for a vast range of issues. Some issues include: academic underachievement, anger management, anxiety, ADD/ADHD, coping skills, depression, divorce adjustment, family conflict, loss or grief, parent/child interactions, peer relationships, school refusal, self-harm, social awareness & skills, stress, substance abuse, and trauma.

Northern Illinois University Psychological Services Center Psychology/Computer Science PM86 DeKalb, IL (815) 753-0591

www.niu.edu/psychology/resources/psc

They offer a full range of outpatient psychological services. The services include evaluations in the form of psychological testing and diagnostic interviews. They also offer a variety of psychotherapies, including individual, couple, family and group therapy; parent education; and play-based therapy for children. They also offer relaxation training, biofeedback and other methods for controlling stress and physical pain. People use their services for depression, anxiety, problems in relationships, anger, children's behavior problems at home and school, developmental disabilities, learning disabilities, attention deficit disorders, marital conflict, low self-esteem and other psychiatric disorders and problems in living.

Riverview Counseling Services (Child and Family Therapy) St. Charles Campus: 111 E. Main Street St. Charles, IL 60174 Batavia Campus: 13 E. Wilson Street Batavia, IL 60510

South Elgin Campus: 474 Briargate Drive South Elgin IL 60177 North Aurora Campus: 66 Miller Drive North Aurora IL 60542

(630) 587-3777 x102

https://riverviewcounselingservices.com/

Focusing on children and families, they offer a wide array of supportive services including free parenting workshops and free behavior consultation, behavior assessments, intensive anxiety clinic, Diagnostic & Educational Assessments, Infant through Preschool, School Aged Children & Teens, Parents, Couples & Adults, and Professional Presentations

Institute for Personal Development - Aurora office 1029 New York St. Aurora, IL 60505 815-942-6323 Text 815-707-3030

This Life Counseling 803 N. Bridge St., Suite D Yorkville, IL 60560 331-422-3443

Mental Health/Psychological Assessments and Evaluations

Centennial Counseling 207 E. Church St. Sandwich, IL 60548 815-786-8606 110 E. Countryside Pkwy Yorkville, IL 60560 630-553-1600 http://www.centennialcounseling.com/

Con ' and

Services

Outpatient psychotherapy, individual and family counseling services specializing in a variety of areas. Psychological testing and assessment.

Family Counseling Services 84 Templeton Dr. Oswego, IL 60543 (331)-999-3810 70 S. River St. Aurora, IL 60506 (630)-844-2662 https://aurorafcs.org/

Services

Individual, family and group therapy, including counseling and programming for youth at risk for substance abuse. Mental health assessment and treatment planning. Psychiatric medication services. Psychiatric crisis intervention. Parenting education and support. *Accepts Medicaid.

In Step Behavioral Health 2455 Dean Street, Unit 3G, St. Charles, IL 60174 (630) 262-2640 https://www.instep360.org/

Provide psychiatry evaluations and management, therapy, and comprehensive evaluations of children, adolescents, and adults for a vast range of issues.

Northern Illinois University Psychological Services Center Psychology/Computer Science PM86 DeKalb, IL (815) 753-0591

www.niu.edu/psychology/resources/psc

They offer a full range of outpatient psychological services. The services include evaluations in the form of psychological testing and diagnostic interviews. They also offer a variety of psychotherapies, including individual, couple, family and group therapy; parent education; and play-based therapy for children. They also offer relaxation training, biofeedback and other methods for controlling stress and physical pain. People use their services for depression, anxiety, problems in relationships, anger, children's behavior problems at home and school, developmental disabilities, learning disabilities, attention deficit disorders, marital conflict, low self-esteem and other psychiatric disorders and problems in living.

Riverview Counseling Services (Child and Family Therapy) St. Charles Campus: 111 E. Main Street St. Charles, IL 60174 Batavia Campus: 13 E. Wilson Street Batavia, IL 60510

South Elgin Campus: 474 Briargate Drive South Elgin IL 60177 North Aurora Campus: 66 Miller Drive North Aurora IL 60542

(630) 587-3777 x102

https://riverviewcounselingservices.com/

Focusing on children and families, they offer a wide array of supportive services including free parenting workshops and free behavior consultation, behavior assessments, intensive anxiety clinic, Diagnostic & Educational Assessments, Infant through Preschool, School Aged Children & Teens, Parents, Couples & Adults, and Professional Presentations

Support Groups

NAMI 400 Mercy Ln. Aurora, IL 60506 630-896-6264 http://www.namikdk.org/ Services

Serving Kane-south, Dekalb and Kendall counties.

NAMI Family Support Group is a peer-led support group for family members, caregivers and loved ones of individuals living with mental illness. Gain insight from the challenges and successes of others facing similar circumstances.

NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each other's experiences, share coping strategies, and offer each other encouragement and understanding.

Epilepsy Foundation of North/Central Illinois 303 E. Hillcrest, Suite 1 Dekalb, IL 60115 815-901-0565 http://epilepsyheartland.org/ Services

Serving DeKalb, Ogle, and Boone counties.

Support groups introduce persons with epilepsy to others who understand and share similar experiences and gives a forum for learning about resources, exploring options, and making new friends.

The DeKalb Office specifically offers:

- Children's Social Support Group every 3rd Sat, 1:00 pm 3:00 pm.
- Family Support Group every 4th Mon, 6:00 pm 8:00 pm.

Suicide Prevention Services
528 S. Batavia Ave. Batavia, IL 60510
630-482-9699
http://www.spsamerica.org/
Services
Serving Dekalb, Kane, Kendall, and Dupage Counties.

Survivors of Suicide (SOS) Support Group. Open to anyone who has lost a family member or friend to suicide. Feel welcome to bring a friend for additional support. Meets the third Monday of every month, 7:00 pm - 9:00 pm, Advent Christian Church, 905 N. Edgelawn, Aurora.

Survivors of Suicide Attempts (SOSA) Support Group. Confidential, Educational, Self-help Group. The support group is peer-led by attempters of suicide and is for those 18 years and older. For more information, call 630-482-9699 or email Stephanie Weber stephanie@spsamerica.org.

Adolescent Support Groups. Offers support groups for anxiety, self-injury, and survivors of suicide loss for adolescents. Call for more information on meeting times and group structure, Megghun Redmon at 630-482-9699.

Children's Home & Aid 155 N. Third St. Dekalb, IL 60115 815-899-0137 http://www.childrenshomeandaid.org/ Services Serving Dekalb County

Parents Care & Share is based on the principles of mutual self-help, peer support, caring, and nonviolence. Support groups are available targeting a variety of special interests such as teen parents, grandparents parenting grandchildren, and single parents. Children's programs are also offered along with each of the parent's group programs. A light meal is provided.

Children's Home + Aid, Parents Care & Share, is also the home base for the McLean County Fatherhood Coalition, an organization whose goal is to support fathers. The coalition is comprised of several partner organizations and meets about every two months. All fathers are welcome to participate.

LivingWell Cancer Resource Center 442 Williamsburg Ave. Geneva, IL 60134 630-262-1111 http://www.livingwellcrc.org/

LivingWell is a community-based, not-for-profit center dedicated to providing people living with cancer and their loved ones the support and educational services they need when going through the cancer experience. Programs include: Cancer education programs providing information advocating for oneself, utilizing resources, and making educated decisions about treatment options. Counseling and social work services. Support groups for both cancer patients and their families. Yoga and other movement classes. Nutrition education. Art, cooking, and other creative classes. Wig Boutique partnership with the American Cancer Society.

Youth Outlook

1st Congregational Church 615 N. 1st Street DeKalb, IL Open Table UCC 910 Columbus Street Ottawa, IL 815-754-5331 http://www.youth-outlook.org/ Services

Drop-in services at Dekalb location on Mondays from 6:30-9:00. Drop-in services for Ottawa location on Tuesdays from 6:30-9:00.

YO Drop-In Centers meet weekly to support each other and discuss topics of interest to the participants. Youth Leadership Program provides opportunities to help run drop-in centers, assist with volunteer training, organize special projects, participate in community education, and advise the agency board through the Youth Advisory Board. Transcend, a program for transgender youth, provides a forum to discuss issues such as gender identity, hormone injections, legal issues, etc. YO also runs THRIVE, a support group for parents, foster parents, guardians, and full-time caregivers of LGBTQ+ teens. This is an adult-only group provides a confidential space for parents to share their stories, find commonalities, and get some of their questions answered.

Compassionate Friends (Provena- Mercy Medical Center)
1325 N. Highland Ave. Aurora, IL 60505
630-779-7756
www.compassionatefriends.org/chapter/fox-valley-chapter-1
Services
Support for siblings and parents who have experienced the death of a family member.
Meetings are the second Friday of every month at 7:30 p.m. (Do not have to sign up in advance)

Housing Resources

Catholic Charities, Diocese of Rockford 314 N. Lake St., Suite 1A Aurora, IL 60506 630-820-3220

http://catholiccharities.rockforddiocese.org/

Services

Catholic Charities offers limited emergency assistance for rent, utilities, food, diapers, and other basic needs for individuals and families who are experiencing economic hardship. Emergency Assistance Program personnel can also refer callers to appropriate community agencies that may be able to assist them.

Salvation Army of Dekalb County 830 Grove St. Dekalb, IL 60115 815-756-4308

http://centralusa.salvationarmy.org/dekalb

Services

Emergency Financial Assistance, Christmas toys, Thanksgiving baskets, utility assistance, rental assistance, etc.

Dekalb Township 2323 S. 4th St. Dekalb, IL 60115 815-758-8282

http://www.dekalbtownship.org/

Services

Emergency Assistance is available to persons once in a twelve month period. Applicant must be a township resident who has received a utilities disconnection notice (not for non-payment of deposit), and/or a five day notice on rent or behind on mortgage payments. Applications are taken at the Township Office by appointment.

Hope Haven of Dekalb County 1145 Rushmoore Dr. Dekalb, IL 60115 815-758-5765 http://www.hopehavendekalb.com/

Services

Limited rent assistance for DeKalb County residents who are behind on rent or need help with a security deposit.

Catholic Charities, Diocese of Rockford 5141 W. Bull Valley Rd. McHenry, IL 60050 815-344-6956

http://catholiccharities.rockforddiocese.org/

Services

Catholic Charities offers limited emergency assistance for rent, utilities, food, diapers, and other basic needs for individuals and families who are experiencing economic hardship. Emergency Assistance Program personnel can also refer callers to appropriate community agencies that may be able to assist them.

Kendall County PADS 630-553-5073

www.kendallcountypads.org

Services

Kendall County Public Action to Deliver Shelter (PADS) is dedicated to providing temporary, safe shelter and nourishing food to the men, women, and children within Kendall County who are homeless or in need.

Shelter Sites:

Sunday: Cross Lutheran Church - Yorkville

Monday: Yorkville Congregational United Church of Christ

Tuesday: Harvest New Beginnings Church - Oswego Wednesday: United Methodist Church of Plano

Thursday: Trinity Church United Methodist - Yorkville Friday: Church of the Good Shepherd UMC - Oswego Saturday: St. Lukes Lutheran Church - Montgomery

Food Resources

The Store at Harvest Chapel 725 S. Countyline Road Sandwich, IL 60548 815-786-8669

www.harvestchapel.net

Services

The 2nd and 4th Saturday of each month from 9:00-11:00. The store is a place where anyone can come and receive food, personal care products and prayer.

Cornerstone Church Food Pantry 17347 Pratt Road Sandwich, IL 60548 815-786-6300 Services

The 1st and 3rd Tuesday of each month 12:30-2:00. The pantry is available to anyone living in Sandwich, Somonauk, Plano or Sheridan.

Our Sharing Pantry 235 S. Green Street St. Somonauk, IL 60552 815-498-2742 Services

Families are eligible to receive food once a month. Distributions are made on Thursdays from 8:30-10:30 and every third Monday of each month from 4:00-6:00.

Five Loaves and Two Fish Bethany Lutheran Church 235 E. Lundy Ln. Leland, IL 60531 877-786-4822 Services

No residency requirements. Food pantry 2nd Saturday of each month from 9:00-11:00.

Aurora Area Interfaith Food Pantry 1110 Jericho Rd. Aurora, IL 60506 630-897-2127 Services

Must be a resident of Kane, Kendall, DuPage, Will or DeKalb counties. Food pantry Monday, Tuesday and Thursday from 10:00-2:00

Salvation Army of Dekalb County 830 Grove St. Dekalb, IL 60115 815-756-4308

http://centralusa.salvationarmy.org/dekalb

Services

Food pantry Monday-Thursday from 9:00-12:00 and Thursday from 5:00-6:45. Clothing is also sometimes available.

Feed My Sheep Food Pantry 1915 N. First St. Dekalb, IL 60115 815-758-3203 http://www.bethlehemdekalb.org/

Services

Food pantry Tuesday 3:00-5:00 and Thursday 9:30-11:30. Access to the food pantry is on an as needed basis. Some household goods, clothing and other items are occasionally offered.

St. Vincent De Paul 302 Fisk Ave. Dekalb, IL 60115 815-200-4730 Services Food pantry Tuesday from 3:00-6:00.

New Hope Missionary Baptist Church Food Pantry 1201 Twombly Rd. Dekalb, IL 60115 815-756-7706 http://www.newhopeofdekalb.org/ Food pantry Monday 4:30-7:30 and is closed holidays.

Salem Food Pantry Salem Lutheran Church 1145 Dekalb Ave. Dekalb, IL 60115

Must be a resident of Dekalb County. Families are eligible to receive food once a month. Food pantry is on Tuesday, Wednesday and Thursday from 9:00-11:45.

Calvary Lighthouse Church 14409 Hemstock Rd. Rochelle, IL 1068 815-562-7701 http://www.calvarylighthouse.com/

Services

An emergency food pantry that families can visit once every 3 months. Call the church to arrange an appointment.

Mentoring

Family Service Agency Youth Mentoring 14 Health Services Dr. Dekalb, IL 60115 815-758-8616 www.fsadekalbcounty.org

Services

Youth mentoring program for children ages 5-16. They provide children facing adversity with strong and enduring, professionally-supported, one-to-one relationships that change their lives for the better, forever.

Children Services

Boy Scouts of America 630-584-9250 Beascout.scouting.org

In Scouting, boys and girls start with their best right now selves and grow into their very best future selves. It's fun, hands-on learning and achievement that puts kids in the middle of the action and prepares them for today – and for life.

Girl Scouts of America Girl Scouts of Northern Illinois 844-476-4463 https://www.girlscoutsni.org

Girl Scouts unleashes the G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)™ in every girl, preparing her for a lifetime of leadership—from taking a night-time hike under the stars to accepting a mission on the International Space Station; from lobbying the city council with her troop to holding a seat in Congress; from running her own cookie business today to tackling cybersecurity tomorrow.

4-H Dekalb County Extension Office 815-758-8194 www.4-h.org

4-H is delivered by Cooperative Extension—a community of more than 100 public universities across the nation that provides experiences where young people learn by doing. For more than 100 years, 4-H has welcomed young people of all beliefs and backgrounds, giving kids a voice to express who they are and how they make their lives and communities better. Through life-changing 4-H programs, nearly six million kids have taken on critical societal issues, such as addressing community health inequities, engaging in civil discourse and advocating for equity and inclusion for all.

Fox Valley Family YMCA West Branch 707 Main St. Sandwich, IL 60548 815-786-9998 Central Branch 3875 Eldamain Rd. Plano, IL 60545 630-552-4100

A variety of programs including: fitness, sports, gymnastics, dance, aquatics, arts and music.

Sandwich Park District 1001 N. Latham St. Sandwich, IL 60548 815-786-8044 www.sandwichparkdistrict.org A variety of activities for the community

Community Coordinated Child Care (4-C) 155 N. 3rd Street DeKalb, IL 60115 800-848-8727 Services

Child care financial assistance, resource and referral for child care, parent and provider professional development, child care food program, and family support.

Two Rivers Head Start Agency 1661 Landmark Road Aurora, IL 60506 800-847-9010

To alleviate the effects of poverty by providing education, support services, and opportunities for children, families and communities.